# SCUBANAUT DIVE LOG SHEET

*Always inform the Branch Diving Officer and abide by BSAC and Branch Rules*

| DIVER DETAILS | | | | | DIVE DETAILS | | | | | | | | | | | 1st CYLINDER | | | | 2nd CYLINDER | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Divers Name | Dive Number | BSAC Grade | Leading Dive (Y / N) | Computer (Y / N) | Surface Code (In) | Time In (24Hr) | Max Depth (Mtrs) | Dive Time (Mins) | Stops @ 9 mtr (Mins) | Stops @ 6 mtr (Mins) | Stops / Run on < 6m | Total Time (Mins) | Time Out (24Hr) | Surface Code (Out) | Surface Interval | Cylinder Size (Ltrs) | Oxygen Mix (%) | Air In (Bar) | Air Out (Bar) | Cylinder Size (Ltrs) | Oxygen Mix (%) | Air In (Bar) | Air Out (Bar) |
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**COMMON SYMPTOMS OF DIVING RELATED ILLNESS:** Fatigue, Skin rash, Itching, Pains, Unusual weakness, Pins and needles, Paralysis, Dizziness, Bloody frothy mouth, Shortness of breath, Visual disturbances, Staggering, Unconsciousness, Collapse, Convulsions, Altered sensations.

**TREATMENT:** **(DO NOT GIVE ENTONOX)** 100% PURE OXYGEN and if conscious: Still oral fluids prior to transfer to decompression chamber.

**CONTACT:** HMS Vernon Portsmouth, England - **0783 115 1523** or Aberdeen Royal Infirmary, Scotland - **0845 406 6008**

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| **Date:** | **Training / Comments and Local Knowledge** |
| **Location:** | |
| **Dive Manager:** | |
| **Weather Conditions:** | |
| **Vis Submerged:** | |
| **Boat Cover Contact:** | |
| **Shore Cover Contact:** | |